

DEMYSTIFYING POLITICS:

AANHPI HERITAGE MONTH



PRESENTED BY

ASIAN AMERICAN
ORGANIZING PROJECT

LOCAL ASIAN LEADERS

KAOHLY VANG HER

MN House of Representatives District 64A (MAP Vice Chair)

Representative Kaohly Vang Her is originally of Laotian descent, having moved with her family to the US as refugees at age 4. She has been a representative in the Minnesota House since 2019 and has had a long and successful career **advocating for Hmong Americans, health and human rights issues and supporting the education system.** Rep. Her currently serves on the Health Finance and Policy, Legacy Finance and State and Local Government committees. Additionally she is the chair of the Legislative Commission on Pensions and Retirement. She is a member of both the MAP and the POCI caucuses, and in 2021 she became the first Hmong American to hold a position of leadership in the MN House of Representatives.



HWA JEONG KIM

St. Paul City Council Vice President (Ward 5)

Hwa Jeong Kim is the Vice President of the St. Paul City Council, for which she represents Ward 5 (North and Central St. Paul). In addition to her work with the first ever all-female city council, *Kim is also the Executive Director for Minnesota Voice where she continues to advocate for and organize around issues of affordable housing, community oriented public safety, climate change, workers rights, transportation equity and many more.* She has been a personal mentor and strong ally of AAOP (and their staff), helping young Asians to get hands-on experience organizing through grassroots lobbying and sharing their stories with local legislators.



PAHOUA YANG HOFFMAN

Executive Director of the Citizens League



Pahoua Yang Hoffman is the Executive Director of the Citizens League. *She is a specialist in developing and advancing policy, advocacy and partnership efforts in the Twin Cities.* A local to the Twin Cities, she received her education at St. Thomas University and has worked with several community and public organizations in the metro area.

SAMANTHA VANG

MN House of Representatives District 38B

Proud and lifelong Twin Cities resident. First of 2 Hmong women to be elected in the state and co-founder of MAP Caucus. She has represented Brooklyn Park and Brooklyn Center, within Hennepin County, in the House of Representatives since 2019. *She is most passionate about improving public safety systems (especially after the murder of Duante Wright), increased access to mental health providers, frontline workers pay, and lowering costs for families.* Vang chairs the Agriculture Finance and Policy Committee and serves on the Environment and Natural Resources Finance, Higher Education Finance and Policy and Legacy Finance committees.



LIZ LEE

MN House of Representatives District 67A

Representative Liz Lee represents District 67A which encompasses parts of St. Paul in Ramsey County. *In addition to serving on the Children and Families Finance and Policy, Education and Policy and Taxes committees, Lee is also the Vice Chair of the Property Tax Division and the assistant majority of the House DFL caucus.* Representative Lee is also a member of the MAP and POCI caucuses. She is a lifelong resident of Saint Paul, Minnesota and is the daughter of Hmong refugees. Lee has had a long career in politics, working for several notable Senators and several years in non-profit consulting. *Lee's campaign platform worked to ensure rent-stabilization, well-paying jobs, infrastructure and health equity.* She has done extensive work with local Asian American non-profits and in collaboration with the US Census Bureau to reclassify several Asian ethnicities, including Hmong, to more accurately represent and address the population demographic.



ETHAN CHA

MN House of Representatives District 47B

Representative Ethan Cha has been serving the Woodbury area since 2022 in the House. He serves on the Agriculture Finance and Policy, Commerce Finance and Policy, Housing Finance and Policy and Legacy Finance committees. Cha is the *current chair of the MAP Caucus* and is a **strong advocate of Asian rights**. *His platform focuses on issues of education, climate change and defending abortion access*. Cha was born in a refugee camp in Thailand and is of Hmong origin, having emigrated to the US as a young child. In 2021 Cha returned to Saint Paul, after several years living in California, to care for his elderly parents.

SENATOR FOUNG HAWJ

District 67 (Assistant Majority Leader)



Senator FOUNG HAWJ represents District 67 which includes the East side of St. Paul in Ramsey County. FOUNG was born in Laos and lived through the Vietnam War in several refugee camps with his parents, before emigrating to the United States. FOUNG pursued an education and career in the Media industry and started his own business in 1996, Digital Motion LLC. He is the co-founder of the Hmong-American DFL Caucus in 1992 as well as the community organization Center for Hmong Arts and Talent, the Minnesota Hmong Chamber of Commerce and Gateway Food Initiative Co-op. *Hawj's legislative concerns are economic development, social and economic equity, education, housing, environment, and healthcare*. He was first elected into office in 2012 and has continued to win subsequent re-elections. *Hawj now serves on the Jobs and Economic Growth Finance and Policy and the Veterans and Military Affairs Finance and Policy committees*. He is an avid outdoorsman and videographer, using his passions to educate through environmental videos.

QUEER/TRANS AANHPI COMMUNITY LEADERS

CECELIA CHUNG

Born in Hong Kong and moved to the United States in 1984 with her family. Since coming out as transgender, Chung has been a strong and vocal advocate of LGBTQ+ rights, especially within the AAPI community. She works tirelessly as an advocate for the community by serving as the first woman and Asian person on the San Francisco Pride Board of Directors and as the first person openly living with HIV to chair the SF Human Rights Commission. Additionally, through her work at the Transgender Law Center, where she serves as the Director of Strategic Projects, she continues to actively push for increased representation of Asian Americans in LGBTQ+ spaces.





UROOJ ARSHAD

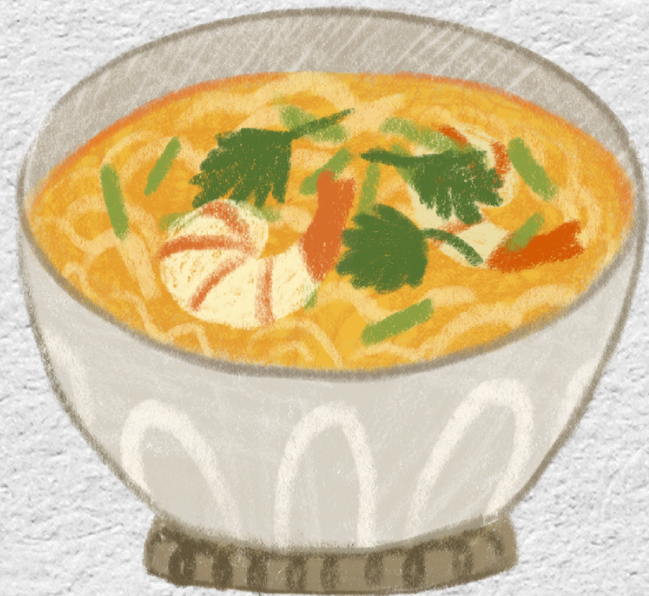
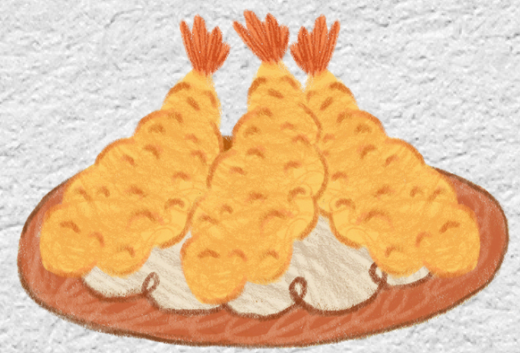
Urooj Arshad was born in Karachi, Pakistan and moved with her family to the US when she was 16. She has extensive experience working for nonprofits that advocate for the LGBTQ+ community with a focus on the South Asian and Muslim experience. She has presented at International HIV/AIDS conferences, the White House's LGBT Pride and Heritage Event and more. She is the co-founder of the Muslim Alliance for Sexual and Gender Diversity, which addresses issues of islamophobia, homophobia and transphobia through an intersectional lens. Notably, she has also served in the delegation to the UN Commission on the Status of Women and as a result has been able to help numerous South Asian and Muslim people in the LGBTQ community, both in the US and across the world.

CHELLA MAN

Chella Man is a trans, Jewish, deaf actor and model. He started his journey on Youtube, where he would share anecdotes about his experiences at the intersection of several identities. He has played an integral role in shaping educational and advocacy efforts to support LGBTQ and disabled communities. Since starting Youtube, Chella has exponentially grown in popularity, landing him a role as DC's newest superhero. His work expands the public view and representation in the media of what it means to be deaf and LGBTQ.

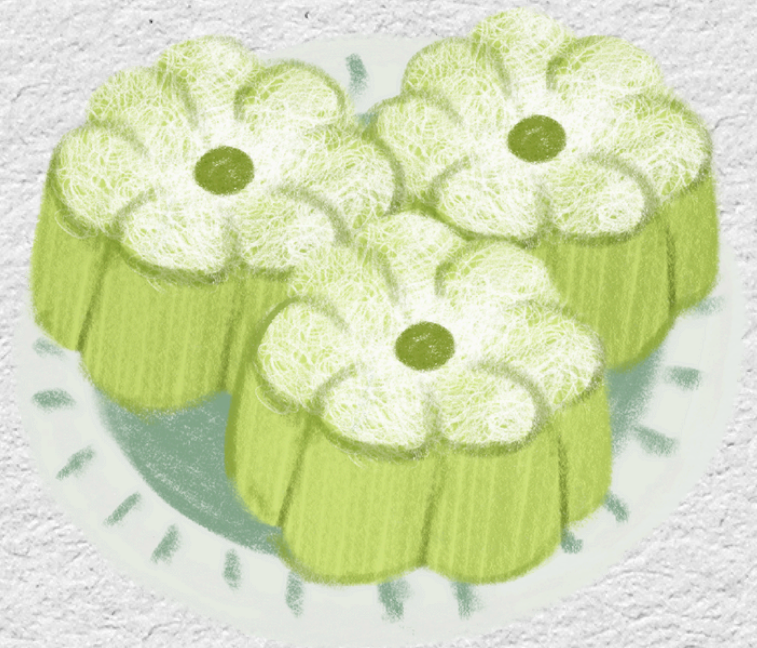


LOCAL ASIAN BUSINESSES TO SUPPORT



RESTAURANTS/DRINKS/BAKERY

- Hmong Village (EAST STP, also retail)
- Karen Thai Food (STP)
- Soul Lao (DWTN STP)
- Phi Chay Thai Cuisine (STP)
- Marc Heu Patisserie Paris (STP)
- Cheng Heng (STP)
- Ding Tea (STP)
- SoYen (DWTN STP)
- Hmongtown Marketplace (STP)
- iPho by Saigon (STP)
- India Kutir (MPLS)
- Tiger Sugar (MPLS)
- Sanjusan (MPLS)
- Kimchi Tofu House (MPLS)
- Arbeiter Brewing Company (MPLS)
- Vinai (NE MPLS, coming summer 2024)
- Gai Noi (MPLS)
- Càphin (St. Louis Park)
- Mi-Sant Kitchen and Bakery (Brooklyn Park, Roseville)
- Diane's Place (NE MPLS)



GROCERY

- Sun Foods (STP)
- Shuang Hur (MPLS, STP)
- Kim's Asian Market (STP)
- United Noodles (MPLS, Woodbury)
- Little India International Market (NE MPLS)
- Dong Yang Oriental Foods + Deli (Columbia Heights, has yummy hot food to eat in the back!)
- Shanghai Wholesale Market Place (STP)
- Pooja Grocers (Columbia Heights)
- Ha Tien (Maplewood)



SO YEN!

COME HERE IF YOU'RE IN THE MOOD FOR...fluffy, cream-filled (Asian inspired flavors) brioche doughnuts, congee, egg salad, thai tea, cake

WONDERING WHERE TO GO? DWTN STP



Fang keeps one idea at the core of SoYen:

NOJ QAB, NYOB ZOO

which translates to

"EAT GOOD, LIVE WELL"



CURIOUS ABOUT HOW THESE FLAVORS ARE ASIAN INSPIRED? "SoYen's doughnuts, airy and creased around the middle like hamburger buns, come dusted with granulated sugar...[they] stuff them with pastry creams - flavors range from ube Oreo and strawberry to pandan coconut and vanilla."



Yen Fang, the founder and owner of SoYen, said, "I don't like super sweet flavors, I can't eat buttercream and stuff...in our Asian community, I think a lot of our desserts are more subtle in their sweetness level."

MI-SANT!



COME HERE IF YOU'RE IN THE MOOD FOR...banh mi, boba, pastries, spring rolls

WONDERING WHERE TO GO? Brooklyn Park + Roseville

WHAT'S THE STORY BEHIND MI-SANT? As second-generation Vietnamese Americans, they wanted to continue what their parents started. "Mi-Sant Banh Mi Co. is a tribute to their years of hard work, homage to their craft, and mostly creating something they can be proud of."

WHAT IS A BANH MI? The banh mi was first introduced by the French when they conquered Indochina. It combines both French and Vietnamese cuisine with a baguette, pate, mayo, pickled carrots and daikons, and cilantro.



ASIANS IN LITERATURE

"A story of unshakable love." –CRISTINA HENRÍQUEZ,
author of *The Book of Unknown Americans*

KAO KALIA YANG

author of
THE LATEHOMECOMER

A MEMOIR



STORY GRAPH SAYS...

Emotional **100%**
Reflective **100%**
Sad **100%**
Adventurous **50%**
Challenging **50%**
Fast-pace **50%**

WHERE RIVERS PART

KAO KALIA YANG

A mesmerizing and hauntingly beautiful memoir about a Hmong family's epic journey to safety that shines a much-needed light on Laos's Secret War, told from the perspective of the author's incredible mother who survived, and helped her family escape, against all odds.

Born in 1960s Laos, Chue's childhood was shadowed by the United States's recruitment of Hmong Laotians to assist with CIA efforts in Laos's Secret War. By the time Chue was a teenager, the US had completely vacated Laos, and the country erupted into genocidal attacks on the Hmong people, who were labeled as traitors. Fearing for their lives, Chue and her family left everything they knew behind and fled their village for the jungle.

Perpetually on the run and on the brink of starvation, Chue eventually crossed paths with the man who would become her future husband. Leaving her own mother behind, she joined his family at a refugee camp, a choice that would haunt her for the rest of her life. Eventually becoming a mother herself, Chue raised her daughters in a state of constant fear and hunger until they were able to emigrate to the United States, where the determined couple enrolled in high school even though they were both nearly thirty, and worked grueling jobs to provide for their children.

Now, her daughter, Kao Kalia Yang, reveals her mother's astonishing saga with tenderness and unvarnished clarity, giving voice to the countless resilient refugees who are often overlooked as one of the essential foundations of this country. Evocative, stirring, and unforgettable, *Where Rivers Part* is destined to become a classic in the vein of *The Wild Swans* by Jung Chang and *A Dream Called Home* by Reyna Grande.

ANOTHER APPALACHIA: COMING UP QUEER & INDIAN IN A MOUNTAIN PLACE

NEEMA AVASHIA

Another Appalachia examines both the roots and the resonance of Avashia's identity as a queer desi Appalachian woman, while encouraging readers to envision more complex versions of both Appalachia and the nation as a whole. With lyric and narrative explorations of foodways, religion, sports, standards of beauty, social media, gun culture, and more, Another Appalachia mixes nostalgia and humor, sadness and sweetness, personal reflection and universal questions. When Neema Avashia tells people where she's from, their response is nearly always a disbelieving "There are Indian people in West Virginia?" A queer Asian American teacher and writer, Avashia fits few Appalachian stereotypes. But the lessons she learned in childhood about race and class, gender and sexuality continue to inform the way she moves through the world today: how she loves, how she teaches, how she advocates, how she struggles.



STORY GRAPH SAYS...

Reflective 92%
Emotional 72%
Informative 52%
Inspiring 34%
Hopeful 32%
Medium-pace 66%



DEAR ELIA: LETTERS FROM THE ASIAN AMERICAN ABYSS

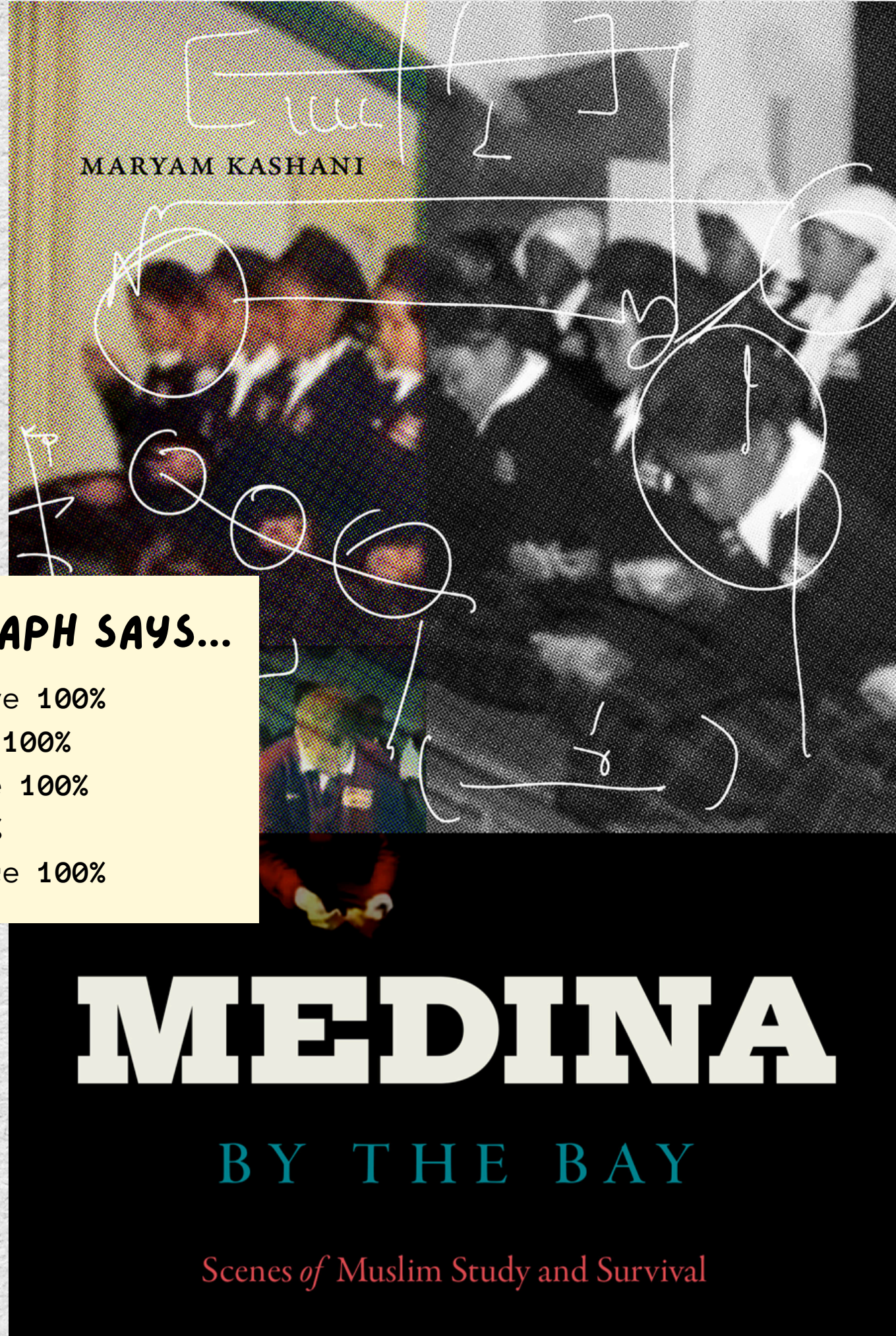
MIMI KHÚC

In *Dear Elia* Mimi Khúc revolutionizes how we understand mental health. Khúc traces the contemporary Asian American mental health crisis from the university into the maw of the COVID-19 pandemic, reenvisioning mental health through a pedagogy of unwellness—the recognition that we are all differentially unwell. In an intimate series of letters, she bears witness to Asian American unwellness up close and invites readers to recognize in it the shapes and sources of their own unwellness. Khúc draws linkages between student experience, the Asian immigrant family, the adjunctification of the university, and teaching methods pre- and post-COVID-19 to illuminate hidden roots of our collective unwellness: shared investments in compulsory wellness and meritocracy. She reveals the university as a central node and engine of unwellness and argues that we can no longer do Asian American studies without Asian American mental health—and vice versa. Interspersed throughout the book are reflective activities, including original tarot cards, that enact the very pedagogy Khúc advances, offering readers alternative ways of being that divest from structures of unwellness and open new possibilities for collective care.



STORY GRAPH SAYS...

Reflective 100%
Emotional 50%
Informative 50%
Inspiring 50%
Medium pace 100%



STORY GRAPH SAYS...

- Informative 100%
- Inspiring 100%
- Reflective 100%
- Tense 100%
- Medium-pace 100%

MEDINA BY THE BAY: SCENES OF MUSLIM STUDY AND SURVIVAL

MARYAM KASHANI

From the Black Power movement and state surveillance to Silicon Valley and gentrification, Medina by the Bay examines how multiracial Muslim communities in the San Francisco Bay Area survive and flourish within and against racial capitalist, carceral, and imperial logics. Weaving expansive histories, peoples, and geographies together in an ethnographic screenplay of cinematic scenes, Maryam Kashani demonstrates how sociopolitical forces and geopolitical agendas shape Muslim ways of knowing and being. Throughout, Kashani argues that contemporary Islam emerges from the specificities of the Bay Area, from its landscapes and infrastructures to its Muslim liberal arts college, mosques, and prison courtyards. Theorizing the Medina by the Bay as a microcosm of socioeconomic, demographic, and political transformations in the twentieth- and twenty-first centuries, Kashani resituates Islam as liberatory and abolitionist theory, theology, and praxis for all those engaged in struggle.

CHINESE MENU: THE HISTORY, MYTHS, AND LEGENDS BEHIND YOUR FAVORITE FOODS

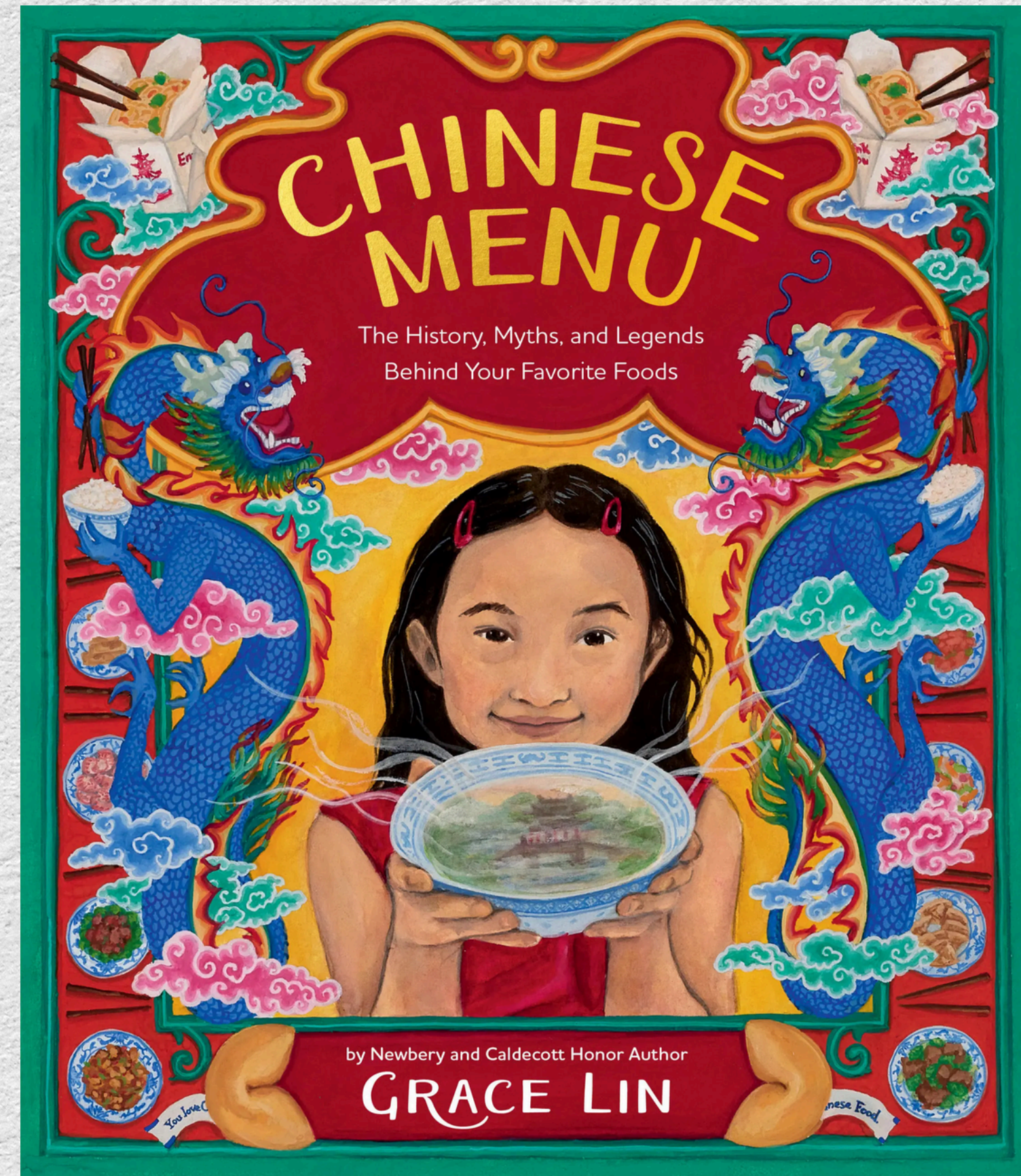
GRACE LIN

From fried dumplings to fortune cookies, here are the tales behind your favorite foods.

Do you know the stories behind delectable dishes--like the fun connection between scallion pancakes and pizza? Or how dumplings cured a village's frostbitten ears? Or how wonton soup tells about the creation of the world?

Separated into courses like a Chinese menu, these tales--based in real history and folklore--are filled with squabbling dragons, magical fruits, and hungry monks. This book will bring you to far-off times and marvelous places, all while making your mouth water. And, along the way, you might just discover a deeper understanding of the resilience and triumph behind this food, and what makes it undeniably American.

Award-winning and bestselling author Grace Lin provides a visual and storytelling feast as she gives insight on the history, legends, and myths behind your favorite American Chinese dishes. Chinese Menu makes the perfect gift book for anyone who loves good food--and an even better story.

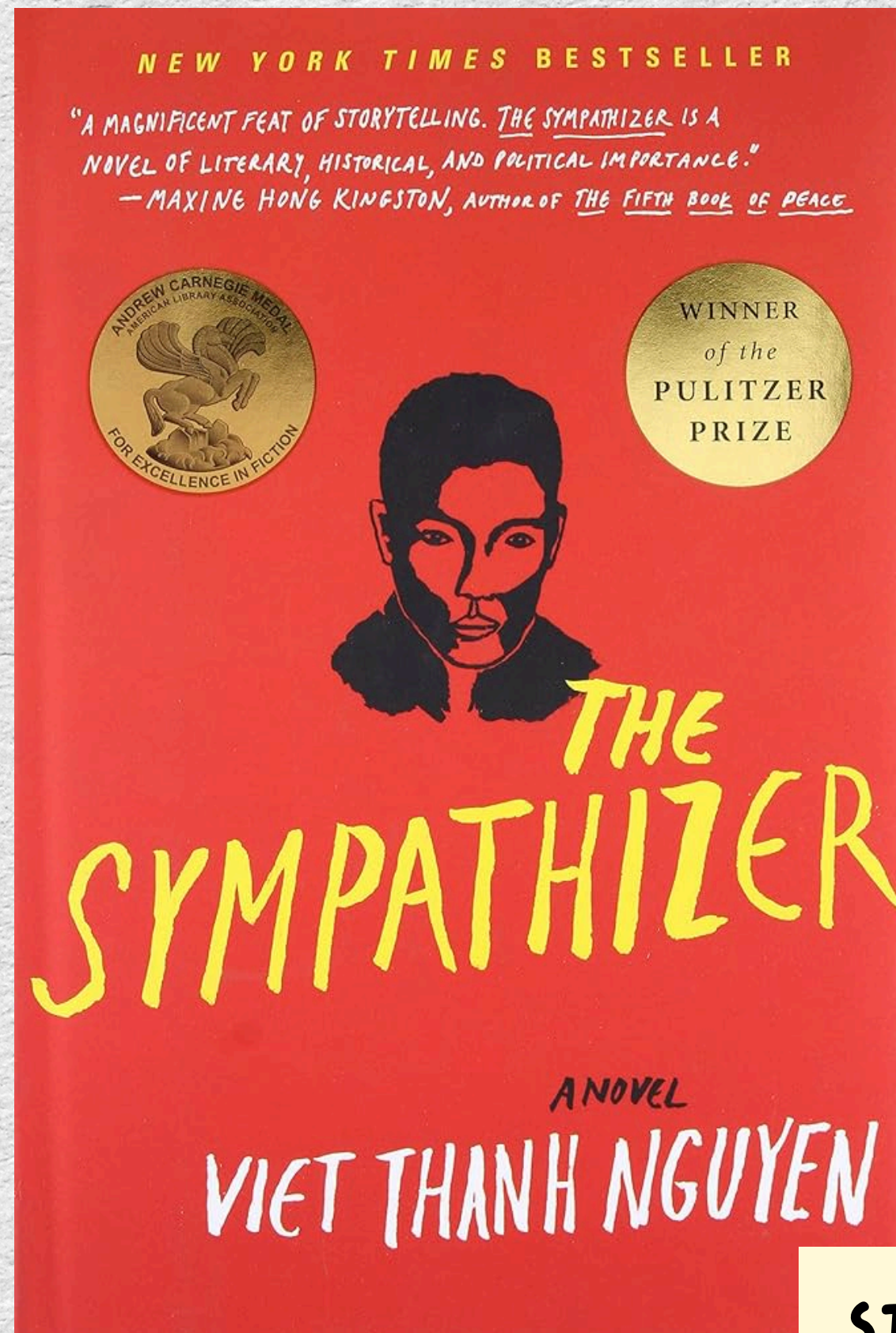


STORY GRAPH SAYS...

Informative 95%
Lighthearted 57%
Adventurous 19%
Funny 19%
Inspiring 14%
Medium-pace 78%

THE SYMPATHIZER

VIET THANH NGUYEN



With the pace and suspense of a thriller and prose that has been compared to Graham Greene and Saul Bellow, *The Sympathizer* is a sweeping epic of love and betrayal. The narrator, a communist double agent, is a "man of two minds," a half-French, half-Vietnamese army captain who arranges to come to America after the Fall of Saigon, and while building a new life with other Vietnamese refugees in Los Angeles is secretly reporting back to his communist superiors in Vietnam. *The Sympathizer* is a blistering exploration of identity and America, a gripping espionage novel, and a powerful story of love and friendship.

STORY GRAPH SAYS...

Dark 84%
Challenging 65%
Tense 55%
Reflective 51%
Emotional 37%
Slow-pace 46%

AND EVEN MORE BOOKS...

AMERICAN BORN CHINESE

GENE LUEN YANG

ASIAN AMERICAN HISTORIES OF THE UNITED STATES

CATHERINE CENIZA CHOY

TREE SPIRITS GRASS SPIRITS

HIROMI ITO

FOREVER STURGGLE: ACTIVISM, IDENTITY, AND SURVIVAL IN BOSTON'S CHINATOWN, 1800-2018

CATHERINE CENIZA CHOY

THE DISPLACED: REFUGEE WRITERS ON REFUGEE LIVES

VARIOUS AUTHORS

SECRET HARVESTS: A HIDDEN STORY OF SEPARATION, SILENCE, SHAME, AND THE RESILIENCE OF A FAMILY FARM

DAVID MAS MASUMOTO

BROWN AND GAY IN LA: THE LIVES OF IMMIGRANT SONS

ANTHONY CHRISTIAN OCAMPO

ASIANS IN THE ART SCENE

WING YOUNG HUIE

Huie is an American photographer born in Duluth, MN in 1955. He attended the University of Minnesota, earning his BA in journalism. He is known for innovative photography projects which engage the community such as his projects in the Frogtown neighborhood of St. Paul and along the Lake Street corridor in Minneapolis. He would speak to occupants in the neighborhood, and ask to take their picture. He would then display the photographs and quotes in the same neighborhood, in sizes from small enough to fit in a storefront window to large enough to drape the side of the empty Sears building.





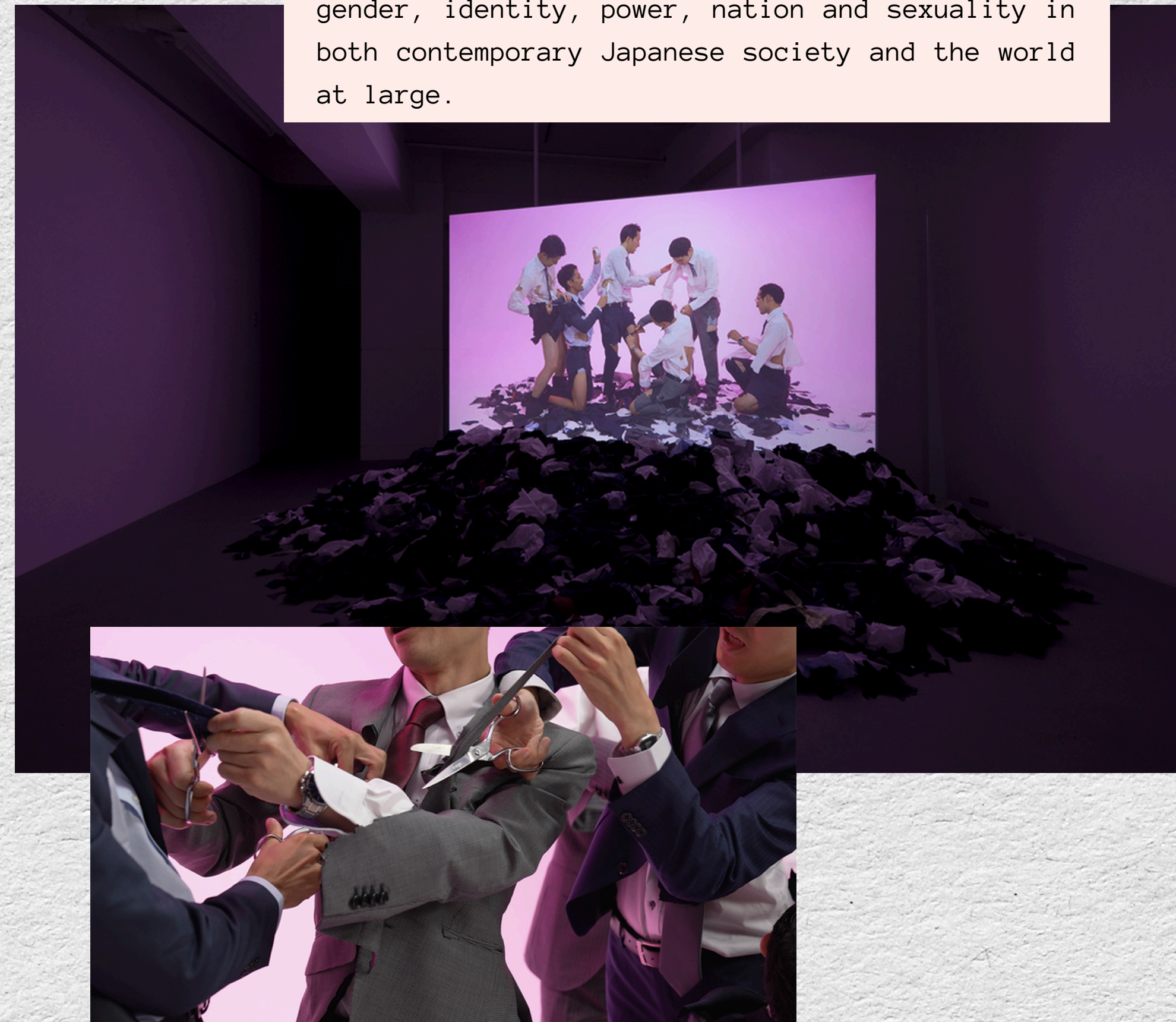
FIZA KHATRI

Fiza Khatri was born and grew up in Karachi, Pakistan. They currently live in New Haven, CT and are an MFA candidate at the Yale School of Art in Painting and Printmaking. Their work represents intimate portraits and gatherings of human and nonhuman inhabitants of their community. They remix imagery from lived experiences, imagined fantasies, sacred landscapes, and archival research to imbricate the social, sacral, and political stakes of building ecosystems of cohabitation.



FUYUHIKO TAKATA

The aesthetics and narratives of Takat's cinematic works evoke myths, fairytales and fantasy worlds, all the while recalling and referencing significant art historical figures, ranging from Yoko Ono to Marcel Duchamp. He transforms his apartment into intricate homemade sets, and directs, narrates and even acts in the films himself. Through his work, he strives to playfully question established notions of gender, identity, power, nation and sexuality in both contemporary Japanese society and the world at large.



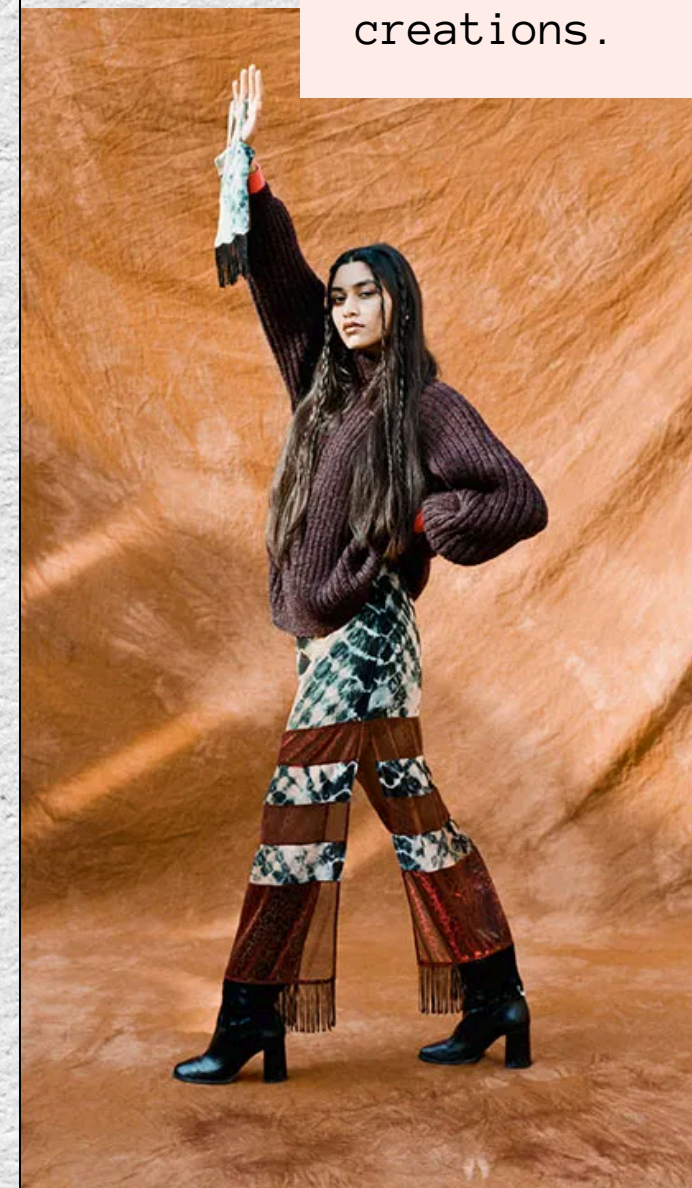


BOBO CALCUTTA

Ayushman Mitra founded his label [Bobo Calcutta](#) in 2016 to celebrate traditional Bengali culture and express the joy of his queer experience through garments. His distinct application of color and affinity for psychedelic patterns have culminated in a signature style that exudes a sense of playfulness in each of his creations, from ready-to-wear pieces to bridal wear.

SHEENA SOOD

As a child, designer [Sheena Sood](#) would travel to India to visit relatives. During her time there, she developed a deep appreciation for her culture's embroideries. Fast forward to adulthood, when her travels took her to everywhere from Brazil to Indonesia to Peru, and you can see the influences that shape her brand Abacaxi. Sood uses traditional techniques ranging from handloom weaving to mirror-work beading and plant-dyeing for her colorful creations.



NO-NO BOY

“Storytelling has always been at the root of Julian Saporiti’s music as [No-No Boy](#). The project developed as the central component of Saporiti’s PhD at Brown University, drawing on years of fieldwork and research on Asian American history to write folk songs with uncommon empathy and remarkable protagonists: prisoners at Japanese American internment camps who started a jazz band, Vietnamese musicians turned on to rock ‘n’ roll by American troops, a Cambodian American painter who painted only the most beautiful landscapes of his war-torn home. Along the way he started to draw on his own family’s history, including his mother’s escape from Vietnam during the war. His 2021 album 1975 was called “a remarkably powerful and moving album,” by Folk Alley and “gentle, catchy and accessible folk songs that feel instantly familiar,” by NPR – a contrast that gets to the heart of Saporiti’s songwriting.”



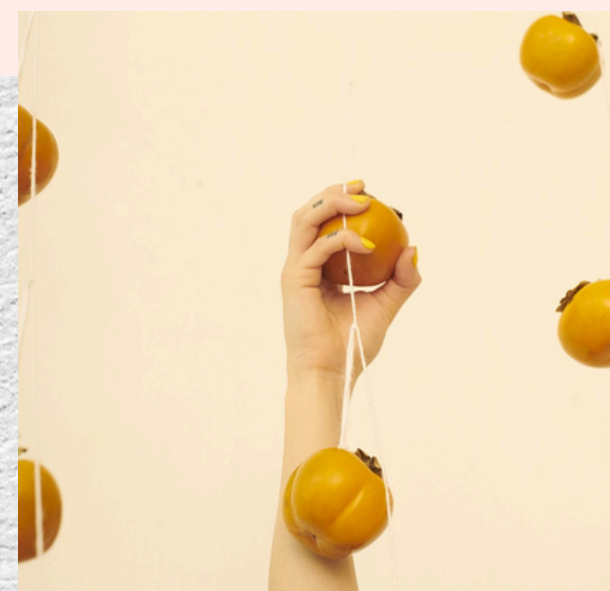
Kathy Yaeji Lee, also known as [Yaeji](#), is a Korean-American singer/producer of electronic deep house music, with whispered vocals in Korean and English.

Yaeji was born in Flushing, Queens as a single child in a Korean family. Growing up, she moved from New York to Atlanta when she was 5, and then to South Korea in the third grade. Yaeji grew up in Seoul, South Korea, and eventually moved back to the United States to study conceptual art, East Asian studies and graphic design at Carnegie Mellon University in Pittsburgh.



JAPANESE BREAKFAST

Japanese Breakfast is an American indie pop band headed by musician Michelle Zauner. Zauner started the band as a side project in 2013, when she was leading the Philadelphia-based emo group Little Big League. Japanese Breakfast's sound has primarily been described as indie pop containing elements of experimental pop, lo-fi, dream pop and indie rock.



MITSKI

“Her songs can make you doubt what love, happiness and stability are even for. Over the course of six albums, the 31-year-old has become the US’s best young singer-songwriter, stating her feelings with dry amusement or real pain. Mitski’s songs are vignettes heavy with painterly symbolism. She connects squalling indie-rock to ambient ballads with plenty in between; her chords never resolve in the way you think they will, rather like life. Perhaps therapists hate her because she is putting them out of a job—as well as being troubling, her music is often uplifting, cathartic and compassionate.” – the Guardian





OTHER AANHPI MUSICIANS

- Raveena
- Toro y Moi
- Audrey Nuna
- Conan Gray
- Anderson Paak
- Babebee
- Yoshi T
- Yeek
- Deb Never
- Juliet Ivy
- UMI

GROUNDBREAKING DISCOVERIES & CONTRIBUTIONS



SUNISA LEE

Sunisa Lee is an all-around gold medal winner at the Tokyo Olympic games. The 21-year old gymnast from St. Paul, MN is the first Hmong-American Olympian. Additionally, she is reported to be the first Asian-American woman to win the Olympic all-around title. She has been named to the US Women's Olympic "dream team" six times, competing alongside Gabby Douglas and Simone Biles, and is tied for tenth most decorated American female gymnast with her 6 world championships and Olympic medals.

YURI KOCHIYAMA

Yuri Kochiyama was a Japanese American US Civil Rights Activist influenced by two years she was forcibly interned during WW2. She worked within the Asian American community, but also extensively on issues that affected Black, Latinx and Indigenous people and regularly hosted other civil rights activists in her New York apartment. Most notably, she worked with and maintained a life-long friendship with Malcolm X and continued to support the work he did for



Black Civil in the aftermath of his death. Later in her life, she worked with her husband on campaigning for reparations to Japanese Americans and a formal apology from the government for the internment program and camps. They succeeded in 1988 when former President Ronald Reagan signed the Civil Liberties Act into law.

RESOURCES FOR AANHPI COMMUNITIES



PROJECT YELLOW DRESS

A storytelling platform dedicated to sharing and highlighting the histories, experiences, and voices of the Southeast Asian diaspora.

ASIAN PACIFIC AMERICAN RESOURCE CENTER (APARC)

APARC is a community committed to affirming the experiences of Asian American and Pacific Islander (AAPI) students and their diverse communities. Be a part of a community that supports you with resources to thrive in college, develop leadership skills, participate in professional development activities, and connect with other AAPI students, while centering AAPI identities.

AAPI RESOURCES FROM THE OFFICE OF DIVERSITY, EQUITY AND INCLUSION

Resources range from podcasts to books to wellness resources and much more!

THE ASIAN AMERICAN RACIAL JUSTICE TOOLKIT

This toolkit reflects our analysis of the interconnectedness of issues and constituencies within the structures of white supremacy. In addition to workshop modules, we offer some of our experiences and lessons learned in working to dismantle structural racism.

TALKING TO YOUNG CHILDREN ABOUT RACE & RACISM: A DISCUSSION GUIDE

In the “PBS KIDS Talk About: Race and Racism” special, PBS KIDS spoke with real families and had conversations about racial identity, anti-Black racism, and how it is incumbent on all of us—children and parents alike—to actively work towards building a more equitable society. This guide provides talking points to start conversations and key terms that may arise out of these conversations.



RESOURCES FOR INDIVIDUALS EXPERIENCING ANTI-ARAB, MUSLIM, OR SOUTH ASIAN HATE

This guide contains immediate resources for survivors to report incidents and information about direct services. *It was last updated on 12/22/2023.*

ASIAN AMERICAN ARTS ALLIANCE

The Asian American Arts Alliance is a nonprofit organization dedicated to ensuring greater representation, equity, and opportunities for Asian American artists and cultural organizations through resource sharing, promotion, and community building.

CHINESE MUTUAL AID

Since COVID-19 became news in the United States, hate speech and violence against AAPI community has been widespread. Unfortunately, many of these incidents are not being reported and many are invisible to major media outlets. We hope to change this by offering outlets that anyone is able to use. The link has resources that CMAA has gathered to help individuals report, educate, take action, donate, and more.

MENTAL HEALTH/BEHAVIORAL SERVICES FOR AANHPI

List of mental health and behavioral services in all 50 states.

SOUTH ASIAN THERAPIST

Find a South Asian Therapist near you.



[LOCAL] ASIAN COMMUNITY SPACES

- [Hmong Cultural Center](#)
- [Exposed Brick Theatre](#)
- [XIA Gallery and Cafe](#)
- [FAWK Collective](#)
- [Theater Mu](#)
- [Center for Hmong Arts and Talent](#)
- [CAAM Chinese Dance Theater](#)
- [In Progress](#)

[REFERENCES]

[AAPI OWNED BUSINESSES AND ORGANIZATIONS TO SUPPORT](#)

[AAPI RESOURCES FROM AACAP](#)

[CELEBRATING ASIAN AMERICAN PACIFIC ISLANDERS IN MINNESOTA](#)

[10 ASIAN FASHION DESIGNERS TO KEEP AN EYE ON IN 2024](#)

[YAEJI](#)

[MITSKI, THE US'S BEST YOUNG SONGWRITER](#)

[49 AAPI DESIGNERS CHANGING THE FASHION INDUSTRY](#)

[WING YOUNG HUIE](#)

[SOYEN RUNS ON DOUGHNUTS](#)

[LGBTQ ADVOCATES IN THE ASIAN-AMERICAN AND PACIFIC ISLANDER COMMUNITY](#)

[8 GROUNDBREAKING CONTRIBUTIONS BY ASIAN AMERICANS THROUGH HISTORY](#)

[MI-SANT](#)